

Welcome from the President

I would like to welcome you all to the Winchester Figure Skating Club 2021-2022 Season. As we begin this year, I would like to take a moment to reflect on the 2020-2021 season. It was a challenging year, but one which we should be very proud of. I could not be more impressed with the resilience and flexibility of our coaches, our volunteers, and most importantly our skaters. All of you allowed WFSC to continue to operate and provide a healthy, safe, and welcoming skating environment. We were able to offer all of our freestyle sessions, run our test sessions, and even hold 2 exhibitions. We as a Board, and myself personally, want to thank each and every one of you for the part you played in navigating an unprecedented skating season.

I would also like to express our deep gratitude to past-president Karen Stock. Karen retired as President of WFSC at the end of last season after 15 years as a member of the WFSC Board of Directors. Her experience was invaluable, her energy infectious, and her love of figure skating and our club was immeasurable. She left an impression on all of the members that came through our doors. WFSC would not be the club it is today without her.

As we start this new season I want to remind everyone that the safety and health of our members is of utmost importance. While we look forward to seeing everyone back on the ice, we will make sure policies and guidelines are followed by everyone. We will work closely with FMC and the Burlington Ice Palace to make sure we have another successful skating season.

Thank you for your support, I can't wait to see what we can do together this year.

Paul Mansfield
President, WFSC

In this issue:

- Karen Stock honored
- Tests passed
- Spotighting: Our 2020-2021 High School Seniors

Mission Statement

The goal of the club is to:

- Provide a safe, welcoming, and friendly skating environment,
- Foster, promote, encourage, advance, and improve figure skating, and
- Encourage and cultivate a spirit of harmony among figure skaters

WFSC Board

Paul Mansfield, President
Amy Langridge, Secretary
Katherine Bond, Treasurer
Lauren L'Esperance, Test Chair
Roberta Bailey, Pro Liaison
John Sheehy
Jonathan Atkinson
Jason Cline



A special Thank You on behalf of the Board and all of WFSC's skating community to Karen Stock for the last 15 years of commitment to our club. We can't express how grateful we are for your contributions. You have had a dramatic impact on everyone who has stepped through our doors. WFSC would not be the club it is today without you.

Thank You & We Love You!!



Taylor (left) and Karen Stock (right), Winchester FSC Exhibition, June 2021

Tests Passed

*Only highest levels of each type for each skater is listed. Includes tests to July 2021.
Please send corrections, omissions to clineja@gmail.com.*

Name	Type	Level	Date
Charlotte D.	Moves	Preliminary	06/2021
Chloe Z.	Freestyle	Preliminary	06/2021
	Moves	Preliminary	05/2021
Erin L.	Moves	Novice	03/2021
Esther N.	Moves	Pre-Preliminary	03/2021
Evelyn Y.	Freestyle	Preliminary	06/2021
	Moves	Preliminary	05/2021
Fiona H.	Freestyle	Pre-Preliminary	05/2021
	Moves	Preliminary	05/2021
Fiona S.	Moves	Pre-Preliminary	03/2021
Irene P.	Moves	Novice	03/2021
Isaac K.	Freestyle	Preliminary	05/2021
	Moves	Preliminary	05/2021
Isabelle O.	Freestyle	Novice	05/2021
	Moves	Novice	02/2021
Kamilah H.	Freestyle	Pre-Preliminary	03/2021
Keira T.	Freestyle	Pre-Preliminary	05/2021
	Moves	Pre-Preliminary	02/2021
Lauren C.	Moves	Preliminary	02/2021
Leo S.	Moves	Pre-Juvenile	03/2021
Lindsey L.	Freestyle	Pre-Preliminary	05/2021
Lucia M.	Freestyle	Preliminary	06/2021
	Moves	Preliminary	06/2021
Maeve S.	Freestyle	Pre-Preliminary	03/2021
Meaghan R.	Moves	Juvenile	03/2021
Megan R.	Freestyle	Preliminary	05/2021
	Moves	Preliminary	05/2021
Megan S.	Moves	Pre-Juvenile	03/2021
Nadia G.	Moves	Pre-Preliminary	06/2021
Natalie G.	Freestyle	Preliminary	06/2021
	Moves	Preliminary	06/2021
Nyla H.	Freestyle	Pre-Juvenile	03/2021
	Moves	Juvenile	03/2021

(continued)

Tests Passed (continued)

Name	Type	Level	Date
Raya E.	Moves	Pre-Preliminary	05/2021
Samantha B.	Moves	Junior	05/2021
Samantha F.	Moves	Pre-Preliminary	05/2021
Sarah C.	Freestyle	Juvenile	06/2021
Sarah P.	Moves	Novice	05/2021
Sinead B.	Freestyle	Preliminary	05/2021
	Moves	Preliminary	05/2021
Sonia K.	Moves	Pre-Preliminary	02/2021
Sossi P.	Freestyle	Pre-Preliminary	03/2021
Taylor D.	Moves	Pre-Preliminary	03/2021

News and Activities

- Thank you all who participated at our December 2020 and June 2021 exhibitions!
- Karen Stock has stepped down as President, and is succeeded by Paul Mansfield.
- Contract ice for the fall season is available on [EntryEeze](#) on our usual Monday/Tuesday/Thursday schedule at 4:10 and 5:10 pm.
- We have introduced Packages as an option for buying contract ice.
- An updated Member Handbook was recently issued through our EntryEeze mail system.
- **Sophie A.** and **Lindsey L.** passed their drivers tests.

Did you know?

- 1984 Olympic silver medalist sibling pair Peter and Caitlin “Kitty” Carruthers practiced at the Burlington Ice Palace. There is a plaque on Burlington Town Common honoring them.

2021 Senior Spotlights

In the remaining pages we are
pleased to present our 2021 Seniors!

Samantha Bruno
Emma L'Esperance
Rachael Lim
Sarah Pottle
Taylor Stock

Samantha Bruno

Samantha Bruno graduated as an honor student from Wakefield High School. She is originally from Miami, Florida, and has been skating with Winchester FSC for 5 years. She is coached by Connie Cataldo.

Tell us about yourself.

Other than skating, in my free time I enjoy working, going out with friends, hiking, and listening to music (especially edm). I hope to learn how to produce music one day, even if it's just for fun.

How did you get started skating?

I used to go public skating with my dad all the time once we moved to Boston. I loved it, so I started the Learn To Skate program at Flynn Rink in Medford, and started private lessons with one of the Learn To Skate coaches.

What is it about skating that appeals to you?

I love skating because I am always able to work towards a Goal. I find it very personally satisfying when I work hard and achieve the goals I set for myself.

What is your favorite skill? What gives you the most grief? What is your current goal?

My favorite skill is a catch camel spin. My axel has definitely given me the most grief, as it tends to be inconsistent. My current goal is to pass my senior moves in the field by fall or winter of 2021.

Tell us about college. Do you know what you want to do after college? What attracts you to your major?

Next year, I will be attending UMass Lowell with a major of exercise science. I have always been interested in personal training. I also hope to continue my education after getting a bachelor's in exercise science by completing the 3 year DPT program, also at UMass Lowell.

Do you have plans to skate in college?

I definitely want to skate in college, especially so I can pass senior moves in the field.

Do you have any advice for the younger skaters?

My biggest advice to young skaters is to always have fun and enjoy your time on the ice. It's great to push yourself and test your limits, but if you don't want to be on the ice then there is no point. There will always be bad days, but as long as you keep a positive mindset there will be so many more good days.

Samantha volunteered at the BHS learn to skate program. When she's not skating or working at Francesca's in Lynnfield you might find her hiking or going on walks. She is going to college so she can work as a physical therapist.



Emma L'Esperance

Emma L'Esperance recently graduated from Winchester High School. She is a triple gold medalist (MIF, FS, and Dance). She and ice dance partner Mika Amdour are the 2021 National Novice Pewter Ice Dance medalists. Emma has been skating with Winchester FSC for nearly 10 years, where she was coached by Roberta Bailey for Moves and Freestyle before moving on to Ice Dance.

Tell us about yourself.

I am obsessed with my dog Dash, cycling classes, Trader Joe's, and going to church to practice my faith.

What is it about skating that appeals to you?

The feeling of creating a story with programs and the ability to feel the ice beneath you as your blades flow through turns and moves is unmatched.

How did you get started with pairs skating and ice dance?

My ice dance coach set me up to skate with Mika. And the rest is history.

What is your favorite skill? What gives you the most grief? What is your current goal?

My signature spin (a catch foot) is my favorite skill. What gives me the most grief is when I do not have a good practice or do not apply corrections as soon as possible. My current goal is to get onto Team USA as soon as possible with my partner Mika.

Do you have any competition tips?

I think it is so important to stay on top of your meals and nutrition prior to competitions. If you are away from home, make sure to go to local grocery stores and get things you normally would eat on a typical training day. Also, only focus on what you are doing and avoid watching others or fretting because, at the end of the day, you are the only one who can control how you skate.

Tell us about a challenge you have overcome.

Throughout my skating career, I have struggled with a learning disability that makes memorization difficult. To cope, I write notes in a journal for corrections and practice my programs off of the ice.

Tell us about college. Do you know what you want to do after college?

I am attending Simmons University and I am going in undecided. I am looking into studying social work or nutrition but I will see when I get there. I am going to continue skating with my partner after college and hopefully attend grad school. When I finish my competitive career, I really want to start a family.

Do you have any advice for the younger skaters?

Do not give up! I have had times where I felt like I could not keep skating because of my learning problems or poor performances. Figure out how you can improve and take the action. Find coping mechanisms and push past doubts. If you really want something, go after it. That is what I am doing in skating, school, and life.

Emma coached Learn to Skate at Hayden Recreation Center prior to the pandemic. When she's not skating or coaching, you might find her at a cycling class or at Trader Joe's. She is going to college at Simmons University to continue her education and she will continue her ice dance training with her partner Mika.



Rachael Lim

Rachael Lim is from Winchester, MA and recently graduated from Winchester High School. She has been a member of Winchester FSC for 6 years and has been skating since she was 6 years old. Rachael is a Senior Gold Medalist in MITF and earned the USFS Graduating Seniors Platinum Level Award. Rachael is Coached by Amanda Dascoli and Christina Welch.

Rachael started her synchronized skating career 4 years ago and represents Hayden Synchro. There she is coached by Lee Chandler, Saga Krantz, Erika Hoffman, Tessa Hedges, and Carly Munoz. Rachael is a Bronze medalist at the 2020 U.S. Synchronized Skating Championships in the Novice level. In addition to skating, Rachael has trained in Kenpo Karate for about 10 years and earned her 1st degree Junior Black Belt in 2019.

How did you get started skating?

When I was 6 yrs old I decided I wanted to try figure skating instead of ballet and fell in love with the sport. I did take a 3 year break from skating and focused on karate. I got back into skating around 11 yrs old and became more serious from that point on.

What is it about skating that appeals to you?

I get to express myself on the ice.

Tell us about synchronized skating. How did you get involved? What is it like?

Summer going into Freshman year, Amanda Werner offered me and Samantha Bruno to try out Synchro. We thought we would give it a shot because it seemed interesting. After a Season at Colonial, I fell in love with the sport and wanted to get involved with a more competitive organization. I tried out for Hayden Synchro and shockingly made their Novice Team. From then, I've enjoyed the team environment and the competitiveness of the sport.

Tell us about a challenge you faced.

I failed my Juvenile MITF a month before Hayden tryouts. I had to pass that test in order to even tryout. I worked extremely hard during the 28 day gap before retrying the test. I passed 2 days before the tryouts and made their Starmates team. This experience proved to myself that anything is possible if you put your mind to it!

Tell us about college. Do you know what you want to do after college? What attracts you to your major?

I will be attending Simmons University this Fall. I got accepted into the accelerated Bachelor of Science+Doctorate of Physical Therapy program and will earn both degrees in 6 years. After watching multiple teammates get injured and having to sit out while watching everyone else skate, it was heartbreaking. That encouraged me to pursue PT so I can help other athletes get back to doing what they love.

Do you have plans to skate in college?

I am no longer skating because I want to focus on my studies, but I still plan to coach and eventually join an adult synchro team.

Do you have any advice for the younger skaters?

Never give up! I would have never thought I would have a National medal, let alone attend Nationals!



Sarah Pottle

Sarah Pottle is a senior and an honor student at Burlington High School. At Winchester FSC she is coached by Elliot Hilton, Jessica Hilton, and Christina Welch.

Tell us about yourself.

At the moment, I am 17 years old and I work at Hollister. I enjoy crocheting, going on walks, and skating of course! I began skating when I was in second grade (2010) through the Burlington Hockey and Skating Association. Here I met some of my closest friends who still skate with me today!

What is it about skating that appeals to you?

I love how skating has challenges set up like a video game, but in real life. You have to acquire a new element in order to reach a new level! For example, in order to pass a Freestyle test, you might have to land a certain jump combination. I really enjoy how it keeps me active as well, especially now during online school.

What is your most/least favorite skill & current goal?

My current favorite skill is probably any sit spin variation. They've always come naturally to me, plus they're a joy to watch. On the other hand, the double toe loop has given me the most grief.

I have been working on it for around four years now and for some reason I still can't do it! Partly because of this, I moved my focus to my Moves in the Field tests. My short-term goal is to pass Novice MITF by the beginning of summer, and eventually I'd like to pass all the MITF tests.

Tell us about a challenge you faced or an experience you remember fondly

The most rewarding experience I've had is the closing ceremony during the BHSA Ice Shows. Hearing the crowd cheer for me after a successful solo and receiving flowers and notes from the younger kids holds a special place in my heart. I save all the notes I've been given and I will most certainly cherish them forever.

Tell us about your college plans and beyond. Do you have plans to continue skating?

I am extremely proud to say that I am part of the Wellesley Class of 2025! Wellesley College had been my dream since I was a Sophomore, and it was very gratifying to see that all my hard work had paid off once I saw the acceptance letter. I'm planning on majoring in Pre-Law, which is going to be a big challenge. I've always disliked STEM fields and I always speak my mind, so it seems like a natural fit for me. As for my plans after college, I have no clue. I do want to coach for skating at least part-time, since skating is something I don't want to abandon completely. I plan to continue figure skating in college, mainly focusing on Moves in the Field tests and beginning my coaching career.

Where do you get those great costumes?

Honestly, most of them are from eBay! Perhaps I'll be selling some soon since I am going to college...

Do you have any advice for the younger skaters?

Don't get stuck in one place. There's a fine line between practicing and just doing a move over and over again without getting anywhere. If this happens, try to take a break for a bit!

Sarah captained the Burlington High Figure Skating team for two years, has volunteered at the BHSA learn to skate program, and is now beginning her coaching career through FMC Ice Sports. She is a member of the National Honor Society, the MultiHumans club (for multicultural sharing and awareness), and the Peer Tutoring club through her school. When she's not skating or working at Hollister you might find her sitting on the couch crocheting.



Taylor Stock

Taylor Stock graduated as an honor student from Woburn High School. She is originally from Woburn and she has been skating with Winchester FSC since starting at a very young age. She is coached by Lynda Murphy.

Tell us about yourself. What kinds of things do you like?

For sports, I do like the Red Sox and the Patriots, and I like watching hockey sometimes. I like action movies like Marvel and Star Wars but I also like comedy and rom coms. I want to travel all over the world but Tokyo, Greece, and Italy are high on the list. I love animals, especially dogs and cats.

How did you get started skating?

I started skating when I was 3 years old because no other sports had really interested me.

Do you have a favorite competitive skater?

I love Ashley Wagner and Nathan Chen.

Tell us about UNH. Do you know what you want to do after college? What attracts you to a Biology major?

I'm not exactly sure what I want to do after college, but it will likely have to do with genetics, immunology, or disease research. Possibly a combination of those things, or I could find something I like even better. I've always loved science and decided I wanted to be a biologist after taking ninth grade biology. UNH has a great bio program which is what made me look at it in the first place. I fell in love with their campus and atmosphere.

Do you have plans to skate at UNH?

Yes, they have both freestyle and synchro teams, so I'll likely join one of the two.

Do you have any advice for the younger skaters?

Don't be discouraged if you can't immediately get a move, jump, or spin. There are always other things to work on and practice will only make you better.

Taylor volunteered with the BHSa learn to skate program. She is a member of the National Honor Society and the Spanish National Honor Society. When she wasn't skating you might have found her working with dogs at K9 Top Performance. She is going to college so she can work as a biologist.

