

Around the Rink

Winter 2023

This newsletter is best viewed in Google Chrome.



WFSC Holiday Exhibition

It was a fun and festive event on Tuesday, December 21! Thank you to the 35 skaters who performed their solo or group programs for us and all the volunteers who donated items our after-party. The WFSC Spring Exhibition will be on Tuesday, June 20 (save the date)!



Spring Ice Schedule & Dates

Monday, Tuesday & Thursday @ 4:10-5:00pm and 5:10-6:00pm.

Our Spring ice schedule began on Monday, March 6. Please be sure to log into Entry Ease to reserve your ice. Reminder, if you register same day for a session, please ensure your skater has a screen shot of the Entry Ease Calendar (not confirmation email) as proof of payment for the Ice Monitor to expedite check-in.





USFS Testing

WFSC continues to offer both in person and virtual testing opportunities for skaters. Virtual testing is open for rolling submissions and you can find links on Entry Eeze

and email video submissions and performance affidavits to <u>Nicole Tapp</u>, WFSC Test Chair. Tests will be processed and sent to judges as they are received. WFSC is evaluating holding another in-person session in June, stay tuned for updates!

WFSC Junior Board Update

The WFSC Junior Board kicked off on November 7. Skaters meet to discuss any issues, provide input to Club events and exhibitions, and add to our skating community with new ideas.

At the December 5 meeting, the Jr. Board created personalized messages for each member performing in the Holiday Exhibition to greet them when they arrived to the BIP.





Our next meeting will be **Monday, April 10th at 6:00-7:00pm** following our second hour of ice. All members are welcome to attend!



November 7 meeting with Sossi P., Lily T., Nyla H., Taylor D., Maeve S., and Kasey T.



December 5 meeting with Lily T., Nyla H., Taylor D., Maeve S., Lauren C., and Kasey T.

SKATING

WFSC Testing Updates

- 1. Charlotte D. Pre-Juvenile FS
- 2. Charlotte D. Pre-Juvenile MIF
- 3. Chloe W. Pre-Preliminary MIF
- 4. Eleanor T. Adaptive Pre-Bronze MIF
- 5. Esther N. Juvenile MIF
- 6. Evelyn Y. Juvenile MIF
- 7. Grace X. Pre-Juvenile MIF
- 8. Helen Y. Pre-Preliminary MIF

- 9. Irene P. Intermediate FS
- 10. Lauren C. Preliminary FS
- 11. Lucia M. Pre-Free Juvenile FS
- 12. Nadia G. Preliminary MIF
- 13. Raya E. Preliminary MIF
- 14. Sossi P. Intermediate MIF and Solo Cha Cha
- 15. Taylor D. Preliminary MIF

Disney on Ice: Frozen & Encanto

A group of WFSC skaters and their families attended Disney on Ice over February vacation to see Frozen & Encanto. It was a great show, thanks to Board Member, Emma Olson, for organizing!

WFSC skaters (top left to right clockwise): Nyla H., Taylor D., Carys J., Lauren C., Kasey T., Sossi P., Nicola G., Nadia G., and Natalie G.



WFSC Skater News



WFSC skaters Elise B., Kamilah H., Sossi P., and Raya E. and their Colonials Synchro Prelim Team won a gold medal at The Skating Club of Boston on 1/20/23.



WFSC skaters Sam F., Nadia G., Kasey T., Nicola G., Natalie G., Fiona S., and Taylor D. at the Northeast Ice Skating Club Winter Classic in Haverhill, MA on 1/22/23.



WFSC skater Nyla H. won a Bronze medal at the Bay State Winter Games on 1/14/23 in Williamstown, MA.



WFSC skaters Nyla H., Lily T., Meaghan R. and Coach Tracy W. at the Skating Club of New York on 9/2/22.



WFSC senior skater Julia C.'s art was recently displayed at the LexART Exhibition. Several other WFSC skaters work was featured as well.



WFSC skaters Nyla H. & Taylor D. inducted into the National Junior Honor Society at Kennedy Middle School, Woburn.









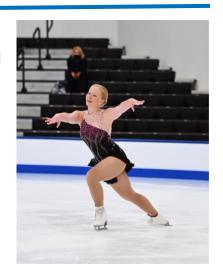
WFSC skaters Maeve S., Kamilah H., Elise B., and Sossi P. performed in the Joyce Middle School Musical "Willy Wonka Jr." the weekend of 2/9/23. WFSC skater Megan S. was Stage Director and WFSC skaters Molly M. and Raya E. (pictured), among many others, attended to support their fellow skaters.

If you have photos you'd like to be included in an upcoming Newsletter, please submit via our <u>Photo Submission Form</u>.

Senior Spotlight: Lily Thorpe

Lily Thorpe is a senior and high honors student at Concord Carlisle High School. She has been skating for thirteen years and ten with Winchester FSC. Lily is coached by Tracy Wilson and Christina Welch and is a gold medalist in moves in the field and is currently competing in Novice freestyle. She has attended multiple regional qualifiers.

Tell us about yourself: Other than practicing my skating (which is my favorite activity), I also love coaching skating, working out, spending time with my friends, studying chemistry, exploring new restaurants/ cities/ and areas, finding new music, and watching Gilmore Girls.



How did you get started skating? I first started skating around age 4. My parents were both very into skiing and they wanted my twin brother and I to excel on the slopes so they put us in learn to skate at our local rink to strengthen our legs to ensure we would be better equipped when we started skiing. I would cry every day while getting ready and my parents were sure I would never go back to skating until the session ended, and I begged my mom to sign me up for more lessons, I had fallen in love with the sport. Soon after, I met my first coach, Tracy Wilson, who has coached me ever since. I began working on freestyle and attended my first competition at age 6.

What is it about skating that appeals to you? I love skating for many reasons, one is the community it has provided me. I cherish the ability I have to escape my schoolwork and any other drama in my life and come to the rink to be surrounded by a positive environment of coaches and skaters. I also love the peace I feel when skating, as I always feel the most joy on the ice. The feeling of gliding, spinning, and jumping is one that is incomparable to any other feeling and is where I feel the happiest. Furthermore, some of my greatest lessons have come from skating. The things I have learned and experienced on the ice are fundamental to the person I have become. Both on and off the ice, I contribute much of my success to the lessons skating has taught me. Lastly, the memories I have made at skating are some of the closest to my heart, memories of competition and travel with friends, club events, and daily practices are some of my most cherished.

What is your favorite skill and your current goal? My favorite skills are double-flip and layback spin. My current goal is to continue to heal my ankle, which I badly sprained in December, and to get back on the ice fully healed. Once doing so, I hope to work hard on the ice to get ready for upcoming competitions and for competing in college.

Plans After Graduation? After graduation, I plan to work at the Five Star Summer Skating camp over the Summer before heading off to Boston University in the Fall. At BU, I am majoring in chemistry and intending to complete research and go on to earn a Ph.D. and

hope to one day become either a project manager or a teacher. I am excited to study chemistry as I have loved taking Honors Chemistry, AP Chemistry, and Honors Organic Chemistry in high school. I was involved in research at a biochemical research lab and loved working in a lab to further my learning and the project as well as loved assistant teaching for Honors Chemistry at my school this year.

Do you have plans to skate in college or coach? At BU, I will be a member of their 6x national champion figure skating team. I am excited to continue competitive skating with one of the best colligate teams in the country. I also plan to find coaching opportunities in college.

What is one piece of advice you would give younger skaters? If I could give one piece of advice to younger skaters, it would be to find certain sessions to purely enjoy skating and not worry about how well you are doing, what you look like, or any goals you may have. At points, it has been so easy for me to get caught up in the pressure to impress and succeed. Finding these sessions to simply enjoy the movement and feeling reminds me why I skate and how much I love it.

Senior Spotlight: Lindsey Lavoie



Lindsey Lavoie is an 18-year-old senior at Burlington High School. She has been skating for 13 years, 5 with Winchester FSC. Lindsey is coached by Jessica Hilton and has completed up to USFS pre-juvenile moves in the field tests.

Tell us about yourself. Other than skating, in my free time I enjoy hanging out with friends, taking trips with my family, and being props manager for Burlington High School's theater department.

How did you get started skating? My dad wanted me to play hockey, but I ended up loving figure skating more.

What is it about skating that appeals to you? Skating appeals to me because it is an individual sport. I love having friends who enjoy the same sport as me and that makes it so much more fun.

What is your favorite skill? What gives you the most grief? What is your current goal? My favorite skill is any form of sit spin, those are always the most fun for me. Jumping is so difficult for me because of all the things you have to remember to do. My current goal is to land my double salchow and any other doubles that will come after it.

Tell us about a challenge you faced. A challenge that I faced as a child learning how to skate was my fear of falling. I was so afraid to fall so I would hold myself back.

What are your plans after graduation? This Fall I will be attending UMass Amherst to study Art and get a specialization in Photography. I really love art and it will really help me for my future as I want to pursue set designing for television and movies as a career.

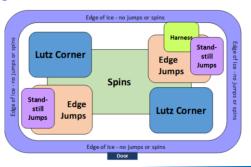
Do you have plans to skate in college or coach in the future? Yes, I really want to join the UMass Amherst Synchronized Skating team and I would love coaching in the future as well.

Do you have any advice for the younger skaters? The biggest advice that I could give is to trust yourself while you are skating. It is so important to internally say to yourself that you can do a really hard skill that you wish to accomplish.

In out Spring issue we will feature spotlights on seniors Julia Cline and Isabelle Olson.

Safety Corner: Right of Way

- All spins should be done in the center of the ice, unless being performed as part of the skater's program.
- Lutz jumps should be done in the two lutz corners.
- Toe and edge jumps should be done at the ends behind the blue lines.
- Stand still jumps at the end of the rink.



Mission Statement

The goal of the club is to:

- Provide a safe, welcoming, and friendly skating environment
- Foster, promote, encourage, advance, and improve figure skating, and
- Encourage and cultivate a spirit of harmony among figure skaters

WFSC Board

- Paul Mansfield, President
- Roberta Bailey, Pro Liaison
- Kristyn Hughes, Secretary
- John Sheehy, Treasurer
- Nicol Tapp, Test Chair
- Jason Cline
- Emma Olson
- Kristine Trites



Newsletter Feedback

If you have any newsletter feedback and/or content ideas or suggestions, please email <u>Kristine Trites</u>.







